

HealthReach Community Health Centers



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FOR IMMEDIATE RELEASE

Western Maine Family Health Center Welcomes New Provider

LIVERMORE FALLS - Western Maine Family Health Center in Livermore Falls will be welcoming Elizabeth Mehr, FNP to the medical team in July. Mehr recently completed a Master of Nursing degree at Regis College, Weston, MA. Previously she obtained undergraduate degrees in nursing (Regis – 2013) and psychology (Smith College, MA – 2008). Her clinical areas of interest include women's health and chronic disease management.



Elizabeth Mehr, FNP

"I grew up in rural Maine and am excited about returning to provide healthcare to the residents of these unique communities," Mehr recently shared. "Livermore Falls is a special place to me because I spent time here as a young child. I am honored to be joining the skilled, committed team at Western Maine." She continued, "My mission is to assist patients in achieving optimal health through a healthy lifestyle and disease prevention. I believe this involves getting to know each patient as an individual and developing a healthcare plan that appeals to the specific person."

Elizabeth Mehr will be joining Craig Lewis, MD and Emma Ansara, FNP who provide care to 2,240 residents from Canton, Fayette, Hartford, Jay, Livermore, Livermore Falls, Sumner and surrounding towns such as Chesterville, Farmington, New Sharon and Wilton. She will also work alongside Alyson Byard, LCSW who offers behavioral health services to health center patients.

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Western Maine Family Health Center is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Dedicated providers deliver high quality medical and behavioral health care to citizens in over 80 rural communities. To ensure access for everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, an Affordable Care Program is available to uninsured and underinsured residents as well as assistance with applications for programs that help with the cost of health care and medications including the Health Insurance Marketplace. A private, non-profit celebrating a 40-year history, HealthReach is funded by patient fees, grants and individual donations.

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