

# HealthReach Community Health Centers



Contact: Joshua D'Errico  
Communications Department  
Tel. 207-660-9914

[Joshua.Derrico@HealthReach.org](mailto:Joshua.Derrico@HealthReach.org)

9/23/2014

FOR IMMEDIATE RELEASE

## **New Provider to join Kingfield and Rangeley Health Centers**

KINGFIELD & RANGELEY - Velma Evans is a clinical social worker joining Mt. Abram Regional Health Center and Rangeley Family Medicine this Fall. Velma will be working closely with the medical providers to offer behavioral health services to patients of the practices. One of the program goals is to focus on the total person and assist patients at difficult crossroads across the lifecycle. This includes patients who would benefit from working with a trained professional in handling a new diagnosis, managing a chronic condition, setting limits with children, and many other factors that influence people's overall wellness.

In 2003, Velma obtained her Master of Social Work Degree from Boston College Graduate School of Social Work in Massachusetts. Previously she graduated from University of Maine, Farmington where she obtained a Bachelor in Psychology Degree. She brings experience with adults, couples, families and children in outpatient and home settings. Her areas of expertise include good sleep hygiene practices, anxiety reduction skill building, and substance abuse issues. Velma attempts to meet individuals where they are and assist them in making positive change for themselves so they can learn how their medical health impacts their mental health.

"I embrace the opportunity of treating the entire person, as the mind and the body are connected," shared Velma. "Various health issues impact our mental health and vice versa. To be able to be located in the primary care office providing services to those who are in the community is rewarding as well as challenging. It combines case management services, crisis services and therapy all in one."

In Kingfield, Evans will join family nurse practitioners Shannon Munro and Christie King. The health center provides a full range of primary care and preventive services to 1,500 children, adolescents and adults from

-MORE-

Carrabassett Valley, Coplin and Dallas Plantations, Eustis, Kingfield, New Portland, Stratton, and surrounding towns. Rangeley serves 1,500 people from Dallas and Lincoln Plantations, Madrid, Magalloway, Rangeley, Sandy River, and other adjacent locations.

Mt. Abram Regional Health Center and Rangeley Family Medicine are practices of HealthReach Community Health Centers, a system of eleven federally qualified health centers in Central and Western Maine. Dedicated providers deliver high quality health care to citizens in over 80 rural communities. To ensure access for everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, we offer an Affordable Care Program to uninsured and underinsured residents and assist with applications for other programs that help with the cost of health care and medications including the new Health Insurance Marketplace. A private, non-profit organization with a 39-year history, HealthReach is funded by patient fees, grants and individual donations.

**-END-**

**Attached Photo:** Velma Evans, LCSW.jpg