

# HealthReach Community Health Centers



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## Sheepscot Valley Health Center Welcomes New Provider

COOPERS MILLS - Sheepscot Valley Health Center will be welcoming Amber Shepherd, FNP to the practice this January. She will be providing medical care to patients of all ages. She recently completed the George Washington University Family Nurse Practitioner Program in Washington, DC and is board certified through the American Nurses Credentialing Center. She obtained her undergraduate nursing degree at University of Vermont in 2012.



Shepherd brings nursing experience in school and residential settings assisting children with psychiatric issues. Her philosophy of care is to provide "holistic and wellness-focused care." Because of her background in psychiatric nursing, she is interested in mental health in the primary care setting. Other areas of clinical interest include women's health and chronic disease management. Shepherd states, "*I believe Sheepscot will be a wonderful place to begin my practice. This setting will allow me to work with patients of all ages with a broad range of health issues. Particularly important to me is the ability to develop long-term relationships with my patients and their families. I look forward to becoming a part of this community!*"

Shepherd will be joining physicians Roy Miller and Kathryn Wistar, physician assistant Alison Jankowski, family nurse practitioners Deirdre Vander Schaaf and Colin McCabe as well as clinical social worker Judith Day who provide primary

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care and behavioral health services. 4,000 people of all ages from Coopers Mills, Jefferson, Somerville, Washington, Whitefield, Windsor and surrounding communities visit the health center each year.

Sheepscot Valley Health Center, part of HealthReach Community Health Centers, is one of eleven Federally Qualified Health Centers in Central and Western Maine. Providers deliver high quality health and behavioral health care to citizens in over 80 rural communities. To ensure access for everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, an Affordable Care Program is available to uninsured and underinsured residents as well as assistance with applications for programs that help with the cost of health care and medications including the Health Insurance Marketplace. A private, non-profit celebrating a 40-year history, HealthReach is funded by patient fees, grants and individual donations.

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