HealthReach Community Health Centers



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Sheepscot Valley Health Center Welcomes New Provider

COOPERS MILLS – Sheepscot Valley Health Center will be welcoming a new medical provider, Ashley Hamilton-Ellis, FNP in June. Ashley obtained a master's degree in nursing from University of Maine, Orono in 2013 and an undergraduate nursing degree at University of Maine Augusta in 2011. She has been providing family healthcare locally for several years in family practice and emergency settings. Her areas of clinical interest include family care, acute care, acute procedures, and addiction medicine.



"I am excited about providing primary care in my community," shared Ashley. "It is an honor and privilege to care for my neighbors. I believe in individualized personal care. In my spare time, I enjoy family adventures, hunting, fishing, and outdoor activities."

Ashley will be joining the medical staff at Sheepscot including Roy Miller, MD, Kathryn Wistar, MD, Amber Shepherd, FNP and Shannon DeLong, PA. The practice serves 4,000 residents from Coopers Mills, Jefferson, Somerville, Washington, Whitefield, Windsor and surrounding communities by offering medical care to adults and children, counseling, care management, adult psychiatric medication management, podiatry and referrals.

Sheepscot Valley Health Center is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Dedicated providers deliver high quality medical and behavioral health care to citizens in over 80 rural communities. To ensure access for everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, an Affordable Care Program is available to uninsured and underinsured residents as well as assistance with applications for programs that help with the cost of healthcare and medications including the Health Insurance Marketplace. A private, non-profit with a 41-year history, HealthReach is funded by patient fees, grants and individual donations.