

HealthReach Community Health Centers



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FOR IMMEDIATE RELEASE

Sheepscot Valley Health Center Welcomes New Provider

COOPERS MILLS - Sheepscot Valley Health Center is pleased to announce that Colin McCabe, FNP will be joining the medical team this June to provide healthcare to the community. McCabe recently graduated from the Family and Community Nurse Practitioner Program at Husson University in Bangor, ME. In fact, he completed his final clinical rotation at the health center so some area residents may have met him already. Previously, he received his bachelor of nursing degree at Binghamton University, NY. McCabe brings nursing experience in pediatric, palliative and adult medical and surgical care in Maine and California. He is a member of the Maine Nurse Practitioner Association.

"I was attracted to Sheepscot by the range of services offered to area residents including medical, care management, and behavioral health," McCabe recently shared. "One of my professional goals," he continued, "is to assist people with chronic diseases in achieving successes through lifestyle changes rather than with medications alone. This involves helping prevent medical problems before they begin." He was impressed by the fact that the Coopers Mills/Whitefield community came together in 1980 first by setting up services in a trailer and later by repurposing a church, which today continues to serve as the community's health center.

McCabe will be joining physicians Roy Miller and Kathryn Wistar, physician assistants Ann Schaer and Alison Welch, family nurse practitioner Deirdre Vander Schaaf, as well as clinical social worker, Judith Day who provide primary care and behavioral health services. 4,000 people of all ages from Coopers Mills, Jefferson, Somerville, Washington, Whitefield, Windsor and surrounding communities visit the health center each year.

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Sheepscot Valley Health Center is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Dedicated providers deliver high quality health care to citizens in over 80 rural communities. To ensure access for everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, an Affordable Care Program is offered to uninsured and underinsured residents and assist with applications for other programs that help with the cost of health care and medications including the new Health Insurance Marketplace. A private, non-profit organization with a 39-year history, HealthReach is funded by patient fees, grants and individual donations.

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Attached Image: Colin McCabe, FNP cropped.jpg