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Rangeley Family Medicine to hold Free Flu Clinic

RANGELEY – Have you had your flu shot, yet? Rangeley Family Medicine will hold its annual flu clinic on Wednesday, October 14, from 3:00 to 5:00 PM in the lower level of the Health Center.

Vaccines will be available to everyone at no cost thanks to tremendous support from the Rangeley Region Health and Wellness Partnership. Insurances will not be billed. Donations to the Health Center, however, are welcome.

According to the Maine Center for Disease Control, influenza is a serious disease that can lead to hospitalization and death. Although anyone can contract the flu, certain populations are at a higher risk of flu-related complications. They include young children, persons aged 50 or older, health care personnel, pregnant women, people with chronic lung disease, diabetes, heart disease, neurologic conditions and certain other long-term health conditions. It is recommended that everyone six months of age and older obtain a yearly flu vaccine, ideally by October.

Rangeley Family Medicine is located at 42 Dallas Hill Road in Rangeley. For more information, contact the Health Center at (207) 864-3303 or visit www.RangeleyCHC.org.

Rangeley Family Medicine is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Dedicated providers deliver high quality medical and behavioral health care to citizens in over 80 rural communities. To ensure access for everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, an Affordable Care Program is available to uninsured and underinsured residents as well as assistance with applications for programs that help with the cost of health care and medications including the Health Insurance Marketplace. A private, non-profit celebrating a 40-year history, HealthReach is funded by patient fees, grants and individual donations.