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## Kingfield Health Center to Hold 3<sup>rd</sup> Annual Thanksgiving Food Drive

KINGFIELD – In an effort to support patients and members of the community, Mt. Abram Regional Health Center will hold a third annual Thanksgiving Food Drive from Tuesday, November 1 to Monday, November 21. The center's goal is to provide full Thanksgiving dinners to local families.

Donations may be brought in during the health center's open hours, which can be found at <u>www.MtAbramCHC.org</u>. Recommended donation items include stuffing, potatoes, squash, canned veggies, pie crust mix, pumpkin pie cans and evaporated milk. Cash donations are welcome and will be used to purchase turkeys locally.

"Last year we received 113 pounds in food donations and many monetary donations from patients and community members," said Sherra Osgood, Practice Manager. "The generosity of the community made the food drive a great success. This year, we hope to build upon that success."

The health center also accepts donations throughout the year for their on-site food closet, which is available to patients struggling to put food on the table.

Mt. Abram Regional Health Center is located at 25 Depot Street in Kingfield. For Thanksgiving Food Drive questions, or other information, call 207-265-4555.

Mt. Abram Regional Health Center is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Dedicated providers deliver high quality medical and behavioral health care to citizens in over 80 rural communities. To ensure access for everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, an Affordable Care Program is available to uninsured and underinsured residents as well as assistance with applications for programs that help with the cost of health care and medications including the Health Insurance Marketplace. A private, non-profit celebrating a 40-year history, HealthReach is funded by patient fees, grants and individual donations.