

HealthReach Community Health Centers



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FOR IMMEDIATE RELEASE

Kingfield Health Center Hosts Mobile Health Unit

KINGFIELD – Mt Abram Regional Health Center is pleased to host Healthy Community Coalition's Mobile Health Unit in the health center's parking lot on Wednesday, August 10th from 10:00 AM to 2:00 PM.

Everyone is welcome to come and visit the Health Mobile Unit to receive free, individualized health screenings and counseling services, including:

- Blood Pressure Screenings
- Cholesterol Screenings
- Blood Glucose Screenings
- Colon Cancer Screening Kits
- Flu Shots
- Osteoporosis (Bone Density) Screenings
- Breast Exams
- Schedule Mammograms
- Tobacco Dependence and Treatment Counseling
- Physical Activity and Nutrition Counseling
- Body Composition Screenings

Healthy Community Coalition of Greater Franklin County is one of the oldest health coalitions in the country. Since 1989, the organization has worked to improve the health and well-being of families, neighbors and the communities of Franklin County through community building and the promotion of health behaviors.

Mt Abram Regional Health Center is located on 25 Depot Street in Kingfield. For more information, call (207) 265-4555.

Mt Abram Regional Health Center is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Dedicated providers deliver high quality medical and behavioral health care to citizens in over 80 rural communities. To ensure access for everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, an Affordable Care Program is available to uninsured and underinsured residents as well as assistance with applications for programs that help with the cost of healthcare and medications including the Health Insurance Marketplace. A private, non-profit with a 41-year history, HealthReach is funded by patient fees, grants and individual donations.