## HealthReach Community Health Centers



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## Mt. Abram Regional Health Center: a model of 21<sup>st</sup> century care

KINGFIELD – The Mt. Abram Regional Health Center (MARHC) has been certified as a Level-Two Patient-Centered Medical Home, a widely recognized symbol of quality that is only earned by successfully passing a rigorous and thorough review.

The NCQA Patient-Centered Medical Home 2011 program reflects the input of the American College of Physicians, American Academy of Family Physicians, American Academy of Pediatrics and American Osteopathic Association and others in extension of the Physician Practice Connections Program.

"Being certified as a Patient-Centered Medical Home is extremely important to all of us here at the Mt. Abram Regional Health Center," said Carolyn Tranten, MARHC Practice Manager. "We received Level-Two recognition and have a goal of achieving Level-Three, which is the highest level, by early 2014. We all believe in prevention and a huge piece of PCMH certification is based around prevention."

A PCMH like Mt. Abram Regional Health Center is structured to result in more personalized, coordinated, effective and efficient care. A medical home achieves these goals through a high level of accessibility, providing excellent communication among patients, clinicians and staff and taking full advantage of the latest information technology to prescribe, communicate, track test results, obtain clinical support information and monitor performance.

"The NCQA Patient-Centered Medical Home is a model of 21st century primary care that combines access, teamwork and technology to deliver quality care and improve health", said NCQA President Margaret E. O'Kane. "NCQA's PCMH 2011 Recognition shows that Mt. Abram Regional Health Center has tools, systems and resources to provide their patients with the right care at the right time."

Mt. Abram Regional Health Center is located at 25 Depot Street in Kingfield. Tel: 207-265-4555. www.MtAbramCHC.org

Consumers can easily access organizations' NCQA statuses and other information on health care quality on National Committee for Quality Assurance's Web site at <a href="http://www.ncqa.org">http://www.ncqa.org</a>, or by calling NCQA Customer Support at (888) 275-7585.

Mt. Abram Regional Health Center is a practice of HealthReach Community Health Centers, a system of eleven federally qualified health centers in Central and Western Maine. Dedicated providers deliver high quality healthcare to citizens in over 80 rural communities. To ensure access for everyone, HealthReach accepts major insurances, Medicare and MaineCare. In addition, uninsured and underinsured patients have access to an Affordable Care Program and assistance with applications for other programs that help with health care and medication costs. A private, non-profit organization celebrating 38 years of providing care, HealthReach is funded by patient fees, grants and individual donations.

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