

HealthReach Community Health Centers



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FOR IMMEDIATE RELEASE

Belgrade Regional Health Center Welcomes New Provider

BELGRADE – Kimberly Patnode, LCSW will be joining the medical team at Belgrade Regional Health Center in June to provide behavioral health services. Patnode will assist patients with emotional or behavioral issues that impact overall wellness. A person with a new diagnosis may work on strategies to improve nutrition or increase physical activity. Another may want to develop new ways to manage stress. An adolescent may work on finding new methods of handling depression. The service will focus on the total person and assist patients at difficult life transition periods. The Belgrade providers will refer patients to Patnode and they will be able to meet right in the health center.



Patnode received her master's in social work degree from University of New England, ME in 1997. Previously she obtained a BS in Psychology from Keene State College, NH. Patnode has over 25 years social work experience, working with individuals, families and systems. She has also worked as a social work educator at bachelor and graduate levels. Her clinical areas of interest/expertise include Cognitive Behavioral Therapy, motivational treatment for behavioral change, family issues, treatment of persistent mental illness and trauma and substance use.

Patnode recently shared, "I am excited to join the multi-disciplinary team at Belgrade Regional Health Center because of its recognition that patients' medical health is inextricably linked to their mental health and social well-being. I look forward to being part of a team that has such a vital role in the Belgrade Lakes community." Patnode will be joining Amy Madden, MD; Robert Cianfarano, PA; Lisa LaGrange, FNP; Dianne Raymond, PhD, PMHNP; and Bert Mason, DPM who provide care to over 2,000 people from the Belgrade Lakes Region and beyond.

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Belgrade Regional Health Center is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Dedicated providers deliver high quality health care to citizens in over 80 rural communities. To ensure access for everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, an Affordable Care Program is available to uninsured and underinsured residents as well as assistance with applications for programs that help with the cost of health care and medications including the Health Insurance Marketplace. A private, non-profit celebrating a 40-year history, HealthReach is funded by patient fees, grants and individual donations.

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