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Bethel Health Center a Sponsor of Molly Ockett Days Classic The Health Center will also offer Free blood pressure screenings in the Town Common

BETHEL - Bethel Family Health Center is once again a proud sponsor of Molly Ockett Days Classic, which includes a 5-mile run, 1-mile runs for kids and adults, and the diaper dash.

The health center will also sponsor a table in the town common during Molly Ockett Day on Saturday, July 21 from 9:00 AM to 5:00 PM. Information on money-saving programs, fitness and nutritional tips, fun giveaways, and free blood pressure screenings will be available.

Health Center staff will be present at the table, so stop by to talk, pick up brochures, and grab some great giveaways. Be sure to bring the kids to enjoy fun and healthy activities!

Bethel Family Health Center is located at 32 Railroad Street, Bethel, ME. To learn more about the health center, visit <u>BethelCHC.org</u>. To contact the health center, call 207-824-2193.

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Bethel Family Health Center is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Bethel offers a range of services including family medical care, counseling, and dental hygiene to residents of Andover, Bethel, Gilead, Greenwood, Hanover, Newton, Upton, Woodstock and neighboring towns. Our reduced fee program is available to uninsured and underinsured residents. To learn more, visit <u>www.BethelCHC.org</u>.