

# HealthReach Community Health Centers



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FOR IMMEDIATE RELEASE

## **Bethel Family Health Center Sponsors May Day 5K Race**

BETHEL – Bethel Family Health Center is pleased to sponsor Bethel Rotary's Inaugural May Day 5K Race on Saturday, May 14. The fun and challenging course will wind through Bethel village, beginning and ending at Crescent Park School.

The event was created for parents and kids to engage in healthy pursuits and friendly competition. Bethel Rotary has kept the cost of registration low to reduce barriers for people to participate. All proceeds will support after school enrichment programs, including music, art, physical fitness and other creative pursuits.

In addition to the 5K race, there will be a 1 mile fun run or walk. Both competitions will start at 10:00 AM and are open to all ages. Bring the whole family to compete or to cheer everyone on!

Bethel Rotary encourages people to preregister online by visiting <https://www.runreg.com/bethel-rotary-may-day-5k>. Preregistration cost for an adult is \$12. A team of 4 adults can preregister for \$45. Preregistration cost for a child is \$8. A team of 4 children can preregister for \$30. Commemorative t-shirts are guaranteed to the first 100 registrants.

Check-in and day-of registration will begin at 8:00 AM. Day-of registration will cost \$15 for an adult, \$10 for a child. Crescent Park School is located at 19 Crescent Street, Bethel Maine.

**Bethel Rotary Club** is a member of Rotary District 7780, and made up of business professionals who live or work in the greater Bethel area. With the motto 'Service Above Self', the club supports the efforts of Rotary International and works to create positive, lasting change in local communities and around the world. To learn more, visit [www.BethelRotary.org](http://www.BethelRotary.org).

**Bethel Family Health Center** is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Bethel offers a range of services including family medical care, counseling, and dental hygiene to residents of Andover, Bethel, Gilead, Greenwood, Hanover, Newton, Upton, Woodstock and neighboring towns. Our reduced fee program is available to uninsured and underinsured residents.