## Health Reach Community Health Centers



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## Food-for-All Farm Stand Continues at Bingham Area Health Center

BINGHAM – The Food-for-All Farm Stand is up and running for another season at Bingham Area Health Center. The Food-for-All Farm Stand is geared toward creating an alternative food access model that will make fresh local produce available and affordable for rural Mainers who are low income or use SNAP benefits. The cost of the food is subsidized by Good Shepherd Food Bank and payment is accepted in cash and EBT.

The farm stand will be open from 12:30 to 4:30 p.m. on Mondays during the following days:

- August 7
- August 14
- August 21
- August 28

- September 4
- September 11
- September 18
- September 28



Fresh, local produce will be provided by Moodytown Farms of Palmyra and various other local farms as needed.

Betsy Richard, Community Health Educator at Somerset Public Health, will join the Farm Stand on August 14 to offer recipe cards for available produce, food prepping demos and some healthy snack samples.

Bingham Area Health Center is located at 237 Main Street in Bingham. For more information, call 207-672-4187 or visit www.BinghamCHC.org.

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<u>Bingham Area Health Center</u> is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Bingham offers a range of services including family medical care, counseling, and general dentistry to residents of Bingham, Solon, Moscow, Madison, Skowhegan, Embden, Anson and neighboring towns. A reduced fee program is available to uninsured and underinsured residents.