HealthReach Community Health Centers



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Sheepscot Valley Health Center welcomes Physician Assistant, Brooke Perez

Coopers Mills, Whitefield – This February, staff at Sheepscot Valley Health Center are happy to welcome Brooke Perez, Physician Assistant, to the team.

Brooke earned her Master's degree in Physician Assisting from Trevecca Nazarene University of Tennessee. Previously, she earned her Bachelor's degree in Pre-Medicine from the Eastern Nazarene College of Massachusetts. Brooke draws from a solid background in rural medicine and urgent care, along with experience in local inpatient facilities.

Brooke shares, "I am thrilled to transition into family practice, and to have the opportunity to blend my existing knowledge of orthopedics and inpatient medicine to provide high-quality healthcare for the whole family. Collaborating with my patients to help them reach



Brooke Perez, PA

their health goals is very important to me. I am excited to contribute to a healthier community here in Central Maine".

Brooke joins physicians Ann Schwink and Kathryn Wistar; physician assistants Anna Simmler, Craig Urwin, and Zachary Wissman; and psychiatric nurse practitioner Nancy Glover. Our clinicians offer medical and behavioral health services for patients of all ages.

Residents of Coopers Mills and Whitefield – and nearby towns – have enjoyed quality care at the Sheepscot Valley Health Center since its founding in 1980.

Sheepscot Valley Health Center is a part of HealthReach Community Health Centers, a group of twelve Federally Qualified Health Centers located across Central and Western Maine. Dedicated clinicians deliver high-quality healthcare – inclusive of behavioral health and dental services – to citizens from 9 of Maine's 16 counties. To ensure access for everyone, HealthReach accepts Medicare, MaineCare, and major insurance providers. In addition, an Affordable Care Program is available to both uninsured and underinsured residents. Assistance is available for applications to programs that help with the cost of your healthcare and medications, including Maine's Health Insurance Marketplace.

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