

# HealthReach Community Health Centers

August 2020



## National Immunization Awareness Month

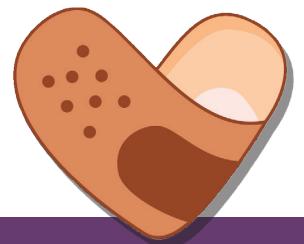
National Immunization Awareness Month (NIAM) is an annual observance held in August to highlight the importance of vaccination for people of all ages.<sup>1</sup>

*Ask your healthcare clinician about more information on vaccines!*

- Vaccines help to prevent serious illness.
- Vaccines are safe and effective.
- Maine is a universal vaccine state, which means the state provides vaccinations to those under the age of 18.
- Check with your clinician before traveling. Some countries require special vaccines.

Learn more about scheduling for **recommended vaccines**:<sup>2</sup>

[www.health.gov/myhealthfinder/topics/doctor-visits/shots-vaccines/get-your-childs-shots-schedule](https://www.health.gov/myhealthfinder/topics/doctor-visits/shots-vaccines/get-your-childs-shots-schedule)



### Sources:

1. *Centers for Disease Control and Prevention, National Immunization Awareness Month*: <https://www.cdc.gov/vaccines/events/niam/index.html>
2. *U.S. Department of Health and Human Services*: <https://health.gov/myhealthfinder/topics/doctor-visits/shots-vaccines/get-your-childs-shots-schedule>