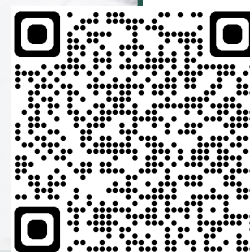


March 2022



National Colorectal Cancer Awareness Month



Colorectal Cancer is cancer of the colon or rectum. This cancer is associated with getting older, most often occurring in those over 50. Getting screened can help you detect this cancer and start treatment earlier - screening is important to start at age 50.

Risk Factors

- Inflammatory bowel disease, such as Crohn's disease or ulcerative colitis.
- A personal or family history of colorectal cancer, or colorectal polyps.
- A genetic syndrome, such as familial adenomatous polyposis (FAP) or hereditary non-polyposis colorectal cancer (Lynch syndrome).

Talk to your clinician if you are at risk, and to request screening.

Source: <https://www.preventcancer.org/education/preventable-cancers/colorectal-cancer/>

Developed by AmeriCorps member Sophie Boardman in the VISTA program serving with HealthReach Community Health Centers. This material is supported by a grant to the Goodwill VISTA Program from the Corporation for National and Community Service.